

RE-DESIGNING THE FUTURE OF MOBILITY

HOW TO CREATE A HOLISTIC
AND SUSTAINABLE
TRANSPORT SYSTEM

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RECET

RURAL EUROPE
FOR THE CLEAN ENERGY
TRANSITION



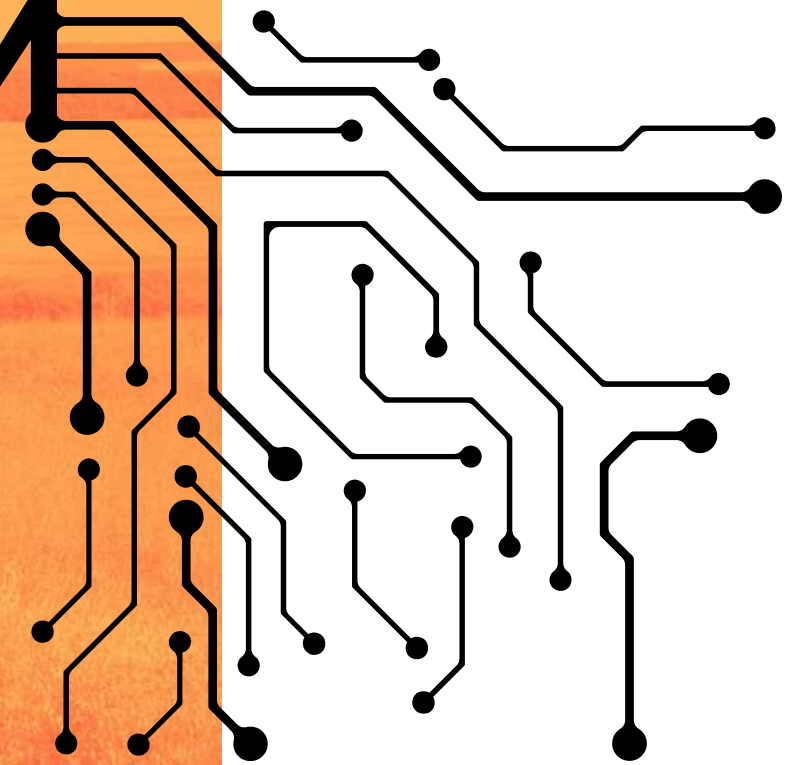
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A HOLISTIC AND SUSTAINABLE TRANSPORT SYSTEM

• WHAT IS IT?

• WHAT IS IT MADE OF?

• HOW IS IT DONE?



WHAT IS IT?

A holistic sustainable transport system integrates land use, energy, and social equity with mobility, moving beyond just electrifying vehicles to create efficient, accessible, and low-impact networks.

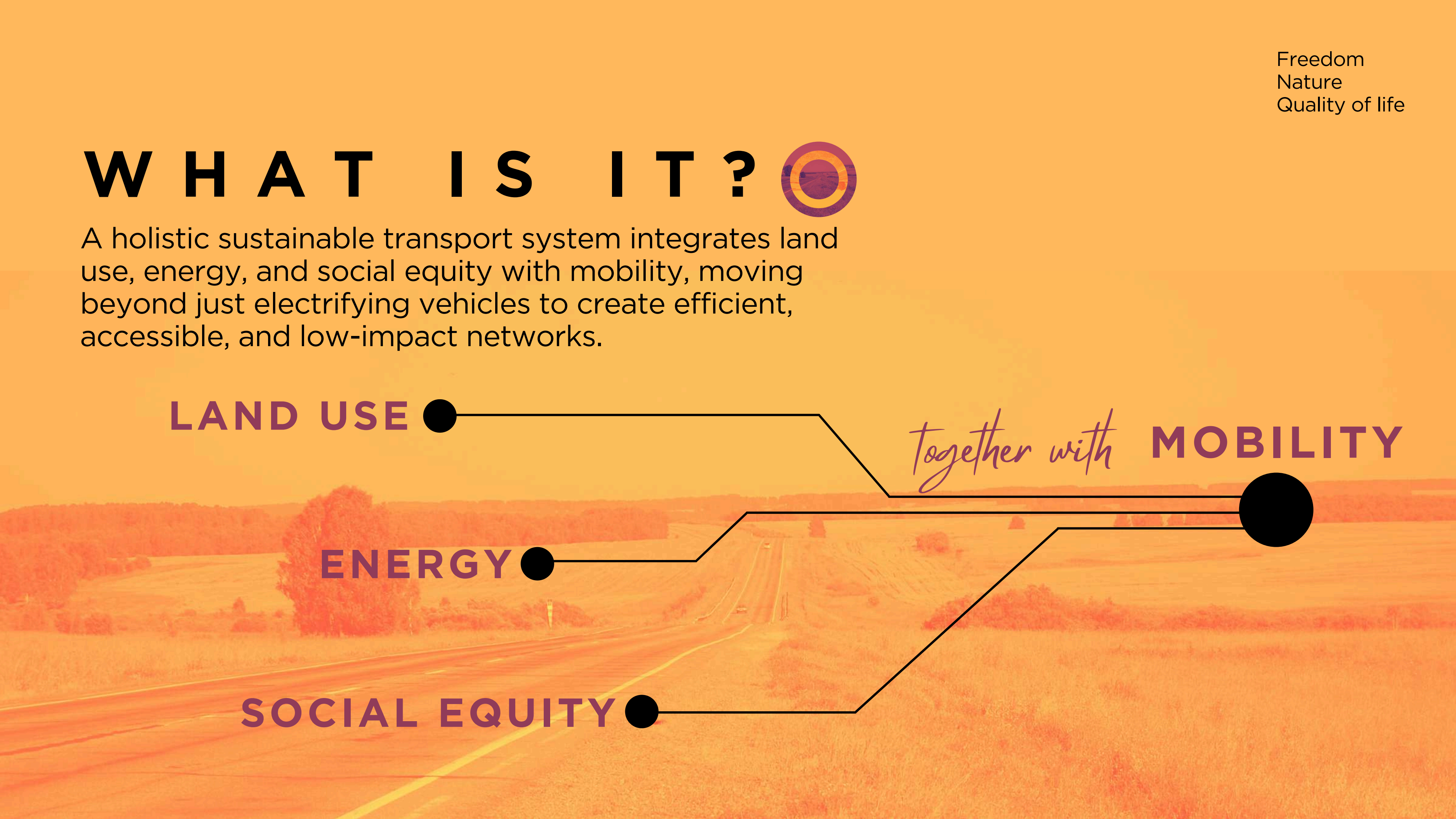
LAND USE ●

together with

MOBILITY ●

ENERGY ●

SOCIAL EQUITY ●



WHAT IS IT MADE OF?

- **SUSTAINABLE PLANNING:** Links transportation directly with urban development and land use to reduce the need for long-distance travel. (TOD)
- **MULTIMODAL INFRASTRUCTURE:** Infrastructure that encourages a mix of all sustainable transport options, including walking, cycling, public transport and all electric vehicles + high importance on seamless transfers between modes.
- **TECHNOLOGICAL INTERGRATION:** Utilizes electric vehicles, renewable energy, and smart traffic management. Features unified ticketing, coordinated schedules and Maas (Mobility as a service) + shared mobility



SUSTAINABLE PLANNING

Sustainable planning links **diverse transportation** directly with **urban development**. Otherwise known as Transport Oriented Development (TOD)

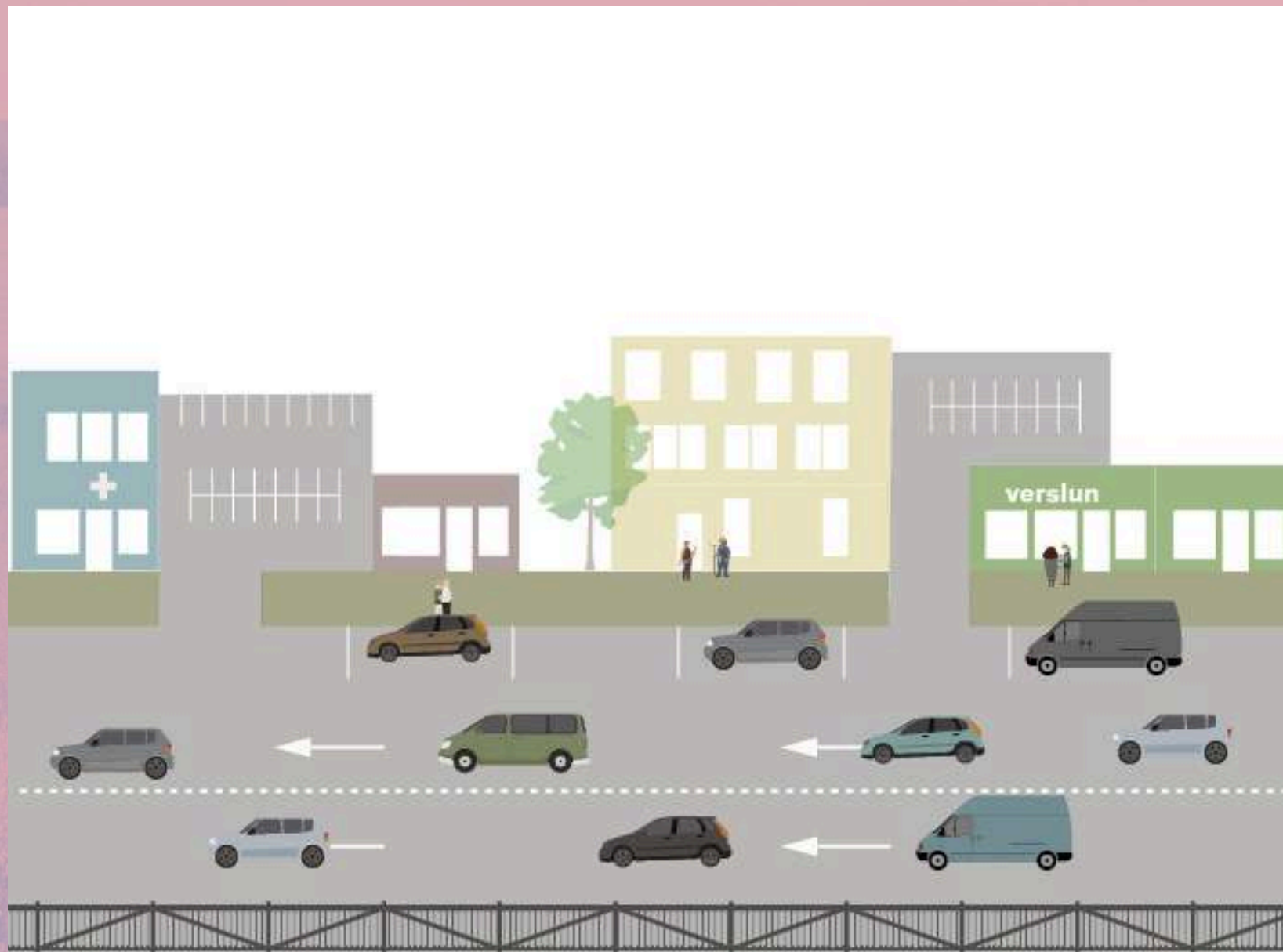
Reduce the need for people to travel long-distances

Create opportunity for people to choose from diverse modes of transportation

But what is the opposite of sustainable planning?

CAR-ORIENTED PLANNING

= CREATES INDUCED DEMAND



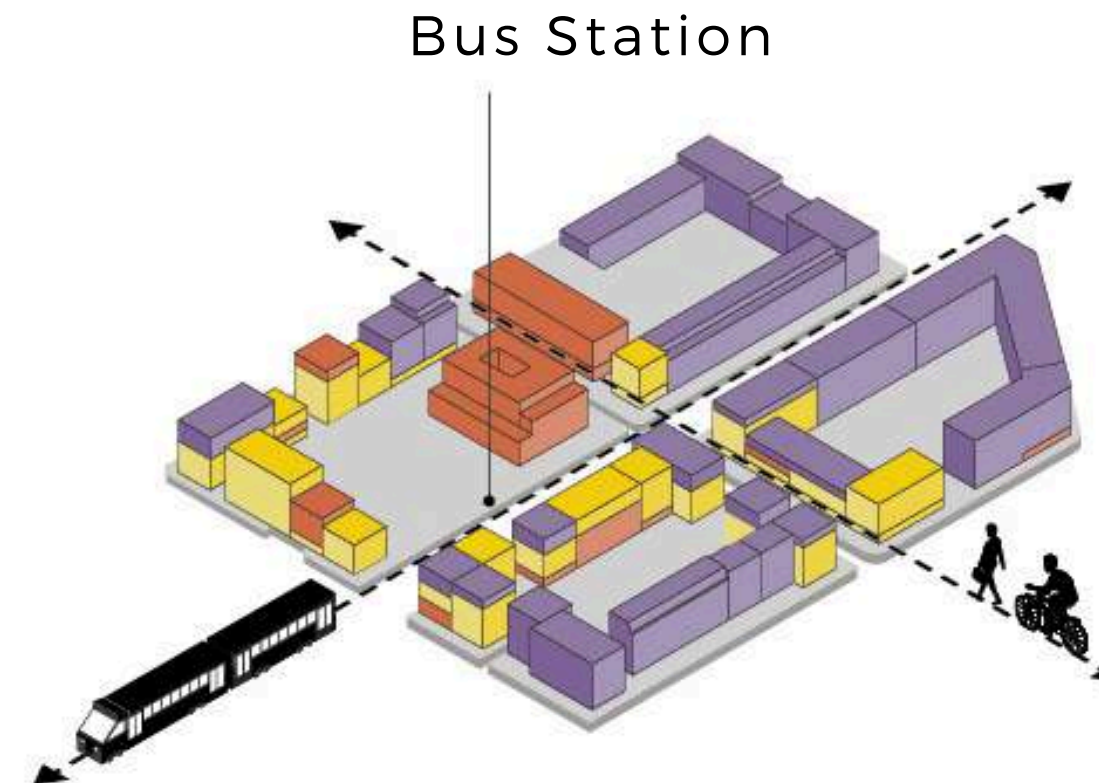
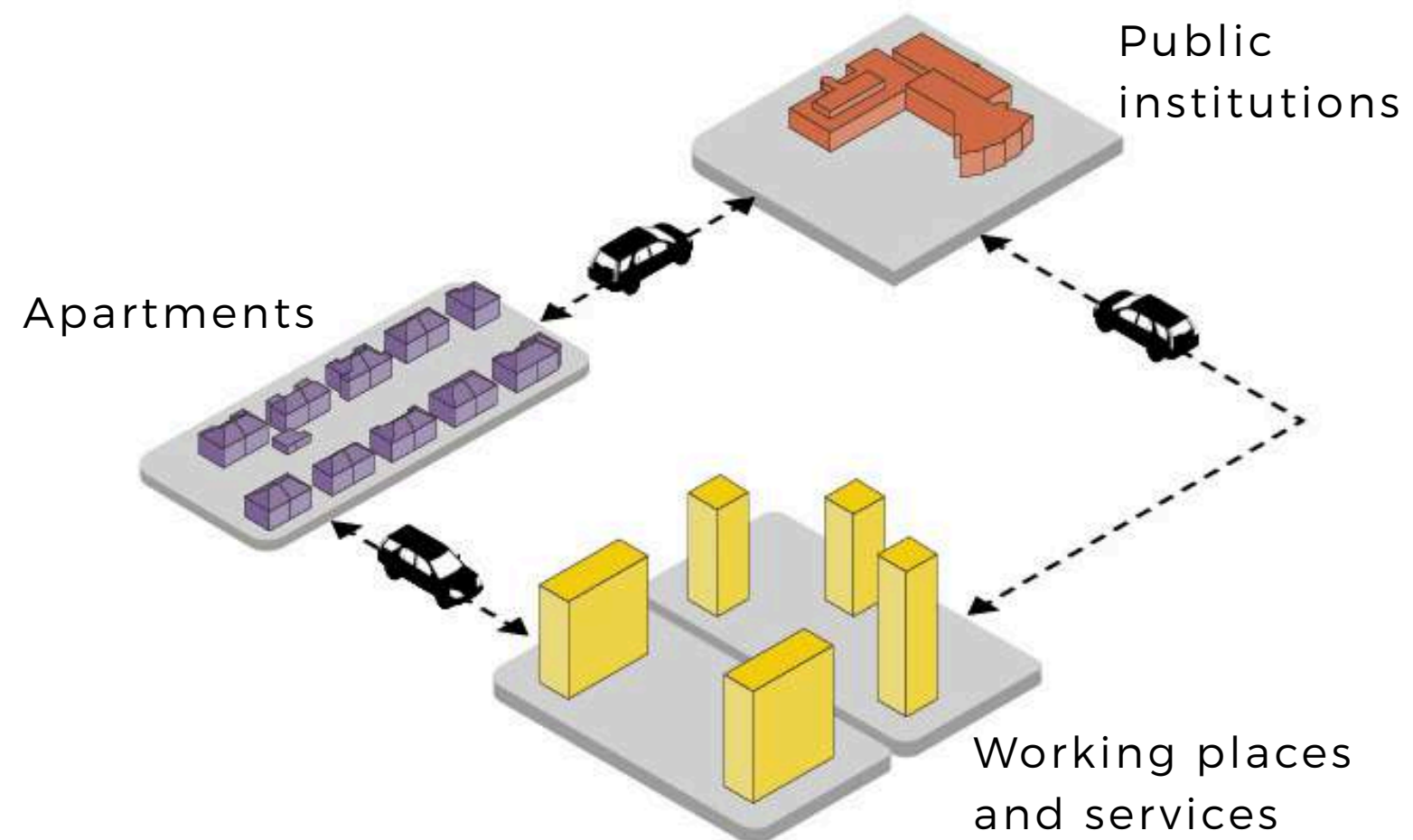
The term "induced demand" refers to the trips that are created to and from a specific location as a result of the land use and activities that take place there.

Examples of activities that are likely to attract a large number of people include local service centers, offices, schools and universities, shopping centers, grocery stores, and other service-oriented facilities.

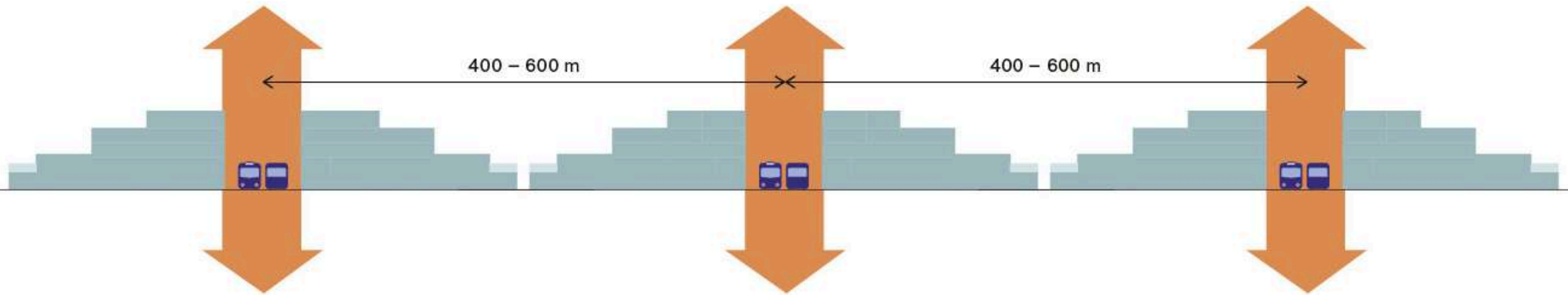
SUSTAINABLE PLANNING

CAR-ORIENTED
PLANNING

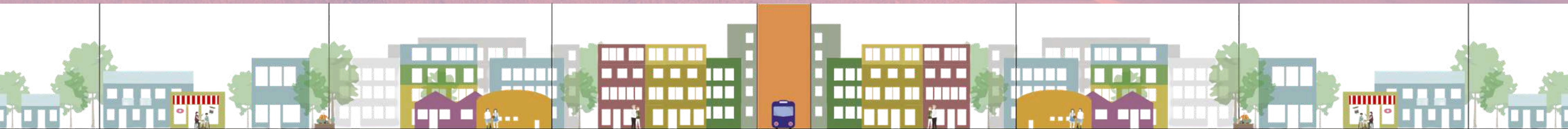
SUSTAINABLE
PLANNING



High density functional urban area



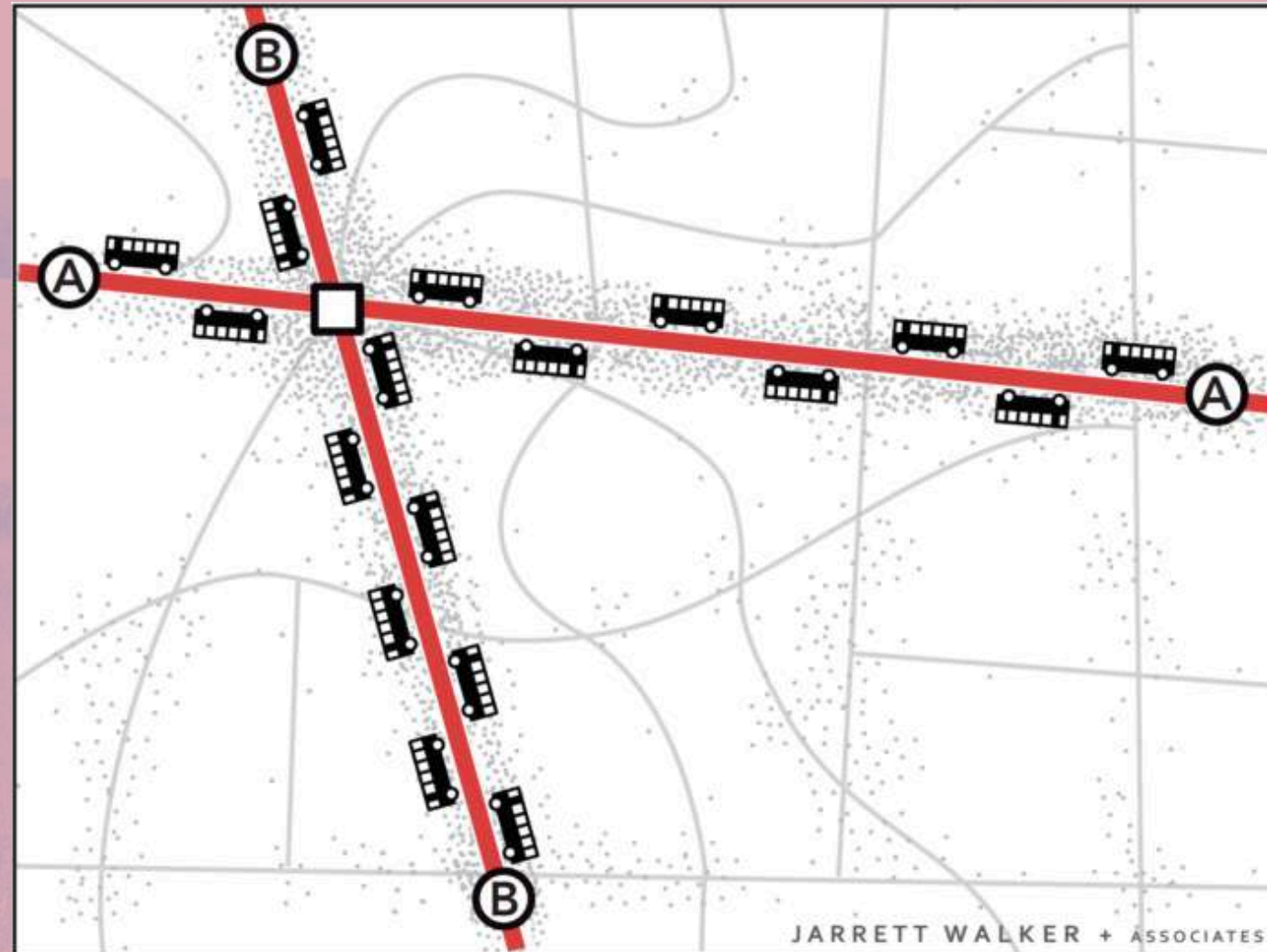
Bus Station



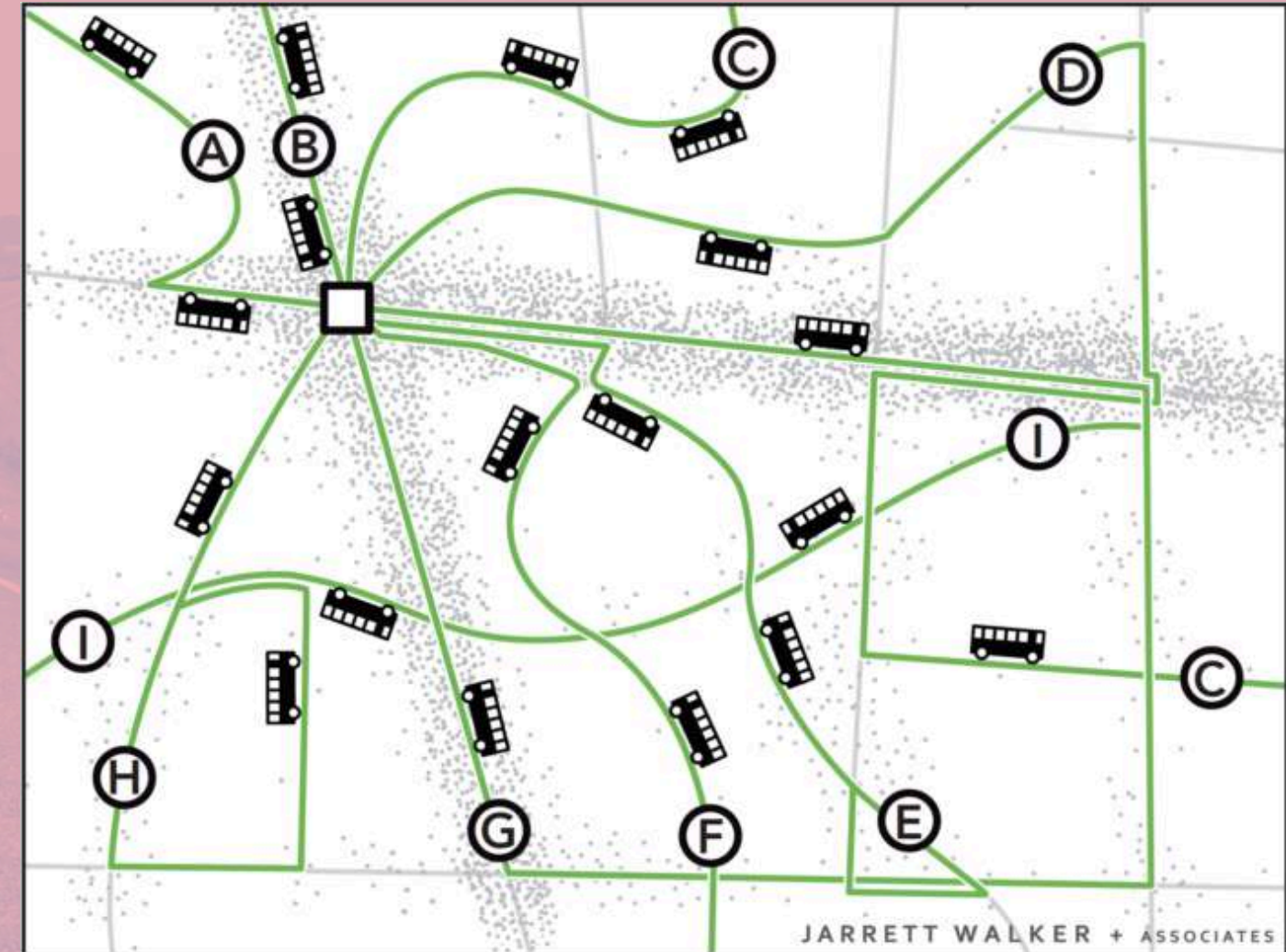
Bus Station



RIDERSHIP or COVERAGE?



Ridership focuses on maximizing passengers by concentrating resources on high-frequency routes in dense areas. .



Coverage aims to provide service to as much of the geographical area as possible, ensuring access for all residents, often resulting in lower-frequency, suburban, or rural routes.



BENEFITS

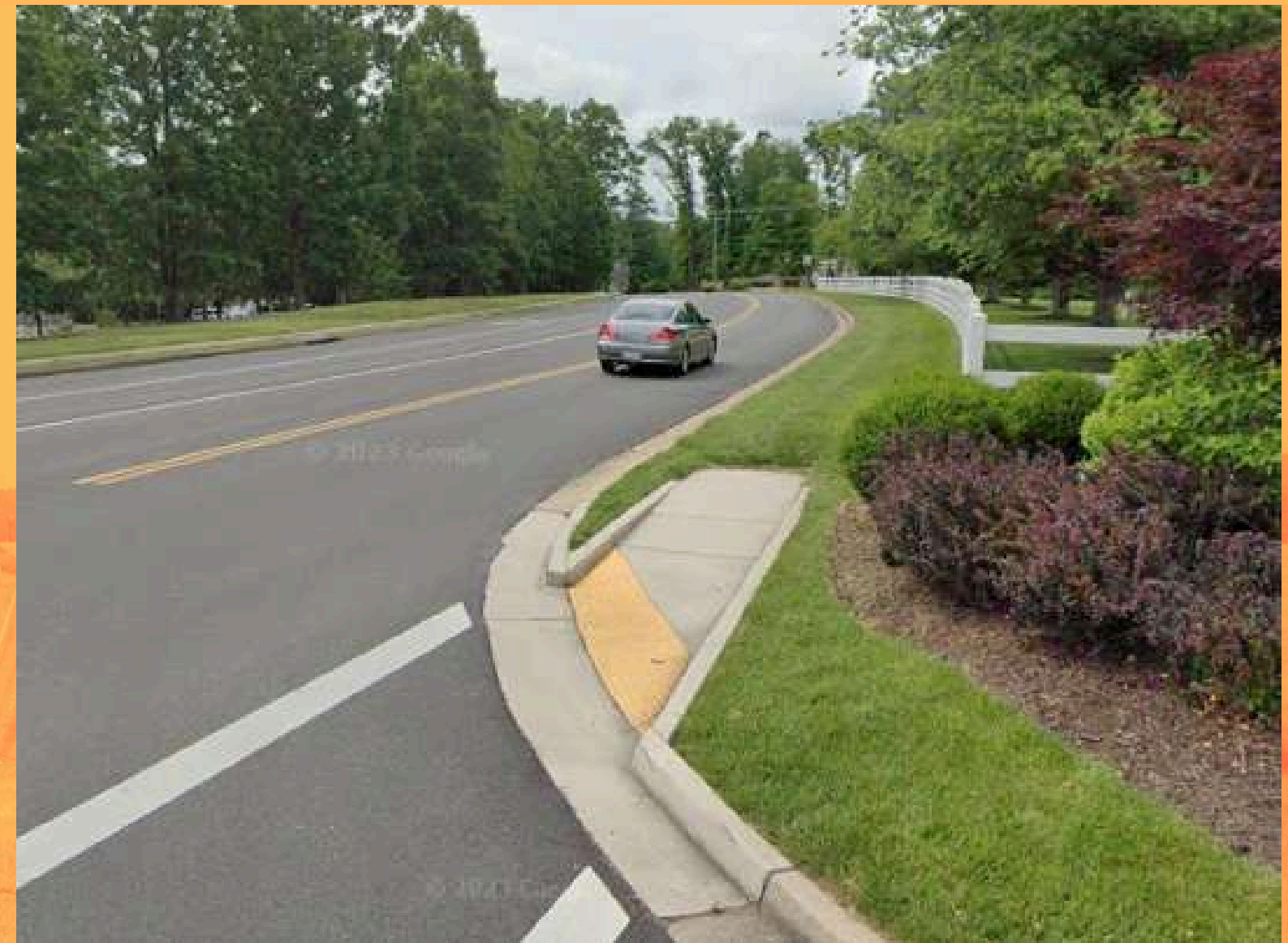
- **MORE EFFICIENT USE OF LAND**
- **MORE COST-EFFECTIVE DEVELOPMENT AND OPERATION OF TRANSPORT AND UTILITY INFRASTRUCTURE**
- **HOUSEHOLD TRANSPORTATION COSTS**

Household transportation costs represent the second-largest expenditure after housing 15 - 17% of total spending. These costs, mainly driven by vehicle ownership and operation, disproportionately burden lower-income households (30% of income) compared to higher-income ones (9% of income).



MULTIMODAL INFRASTRUCTURE

Infrastructure that encourages a mix of all sustainable transport options, including walking, cycling, public transport and all electric vehicles **+ high importance on seamless transfers between modes.**

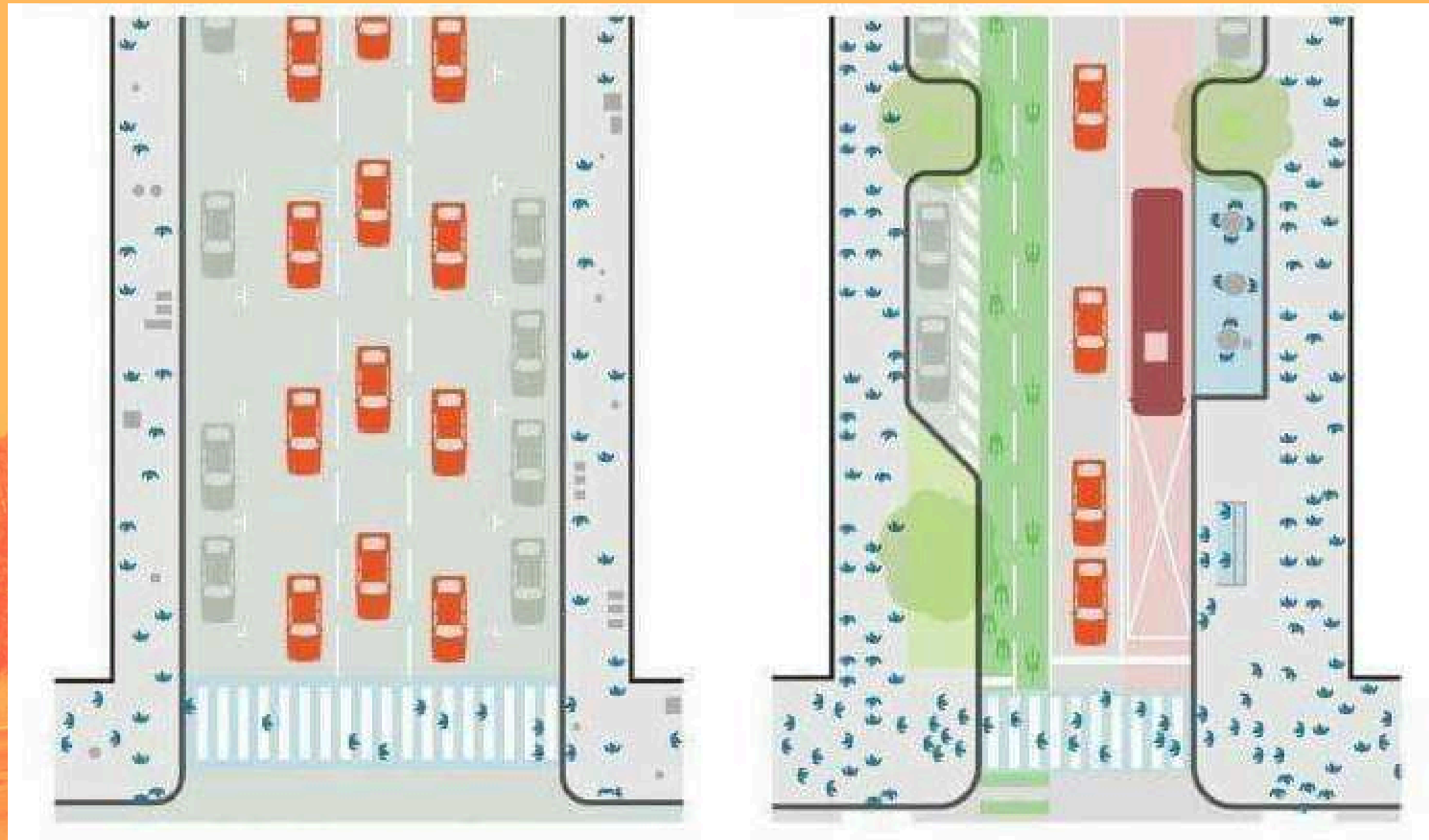




Passenger capacity in design

Car oriented Street

Multimodal Street

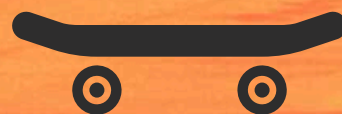
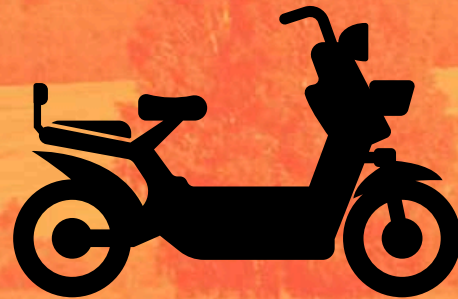
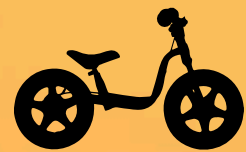
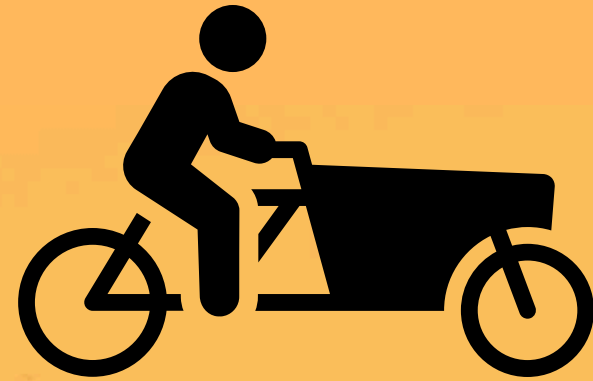
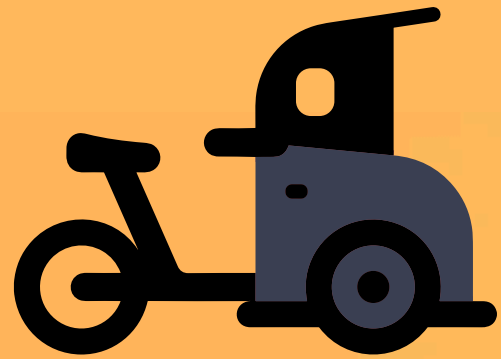


Total capacity **12.300 people/h**

Total capacity **30.100 people/h**



The Endless Modes of Transport



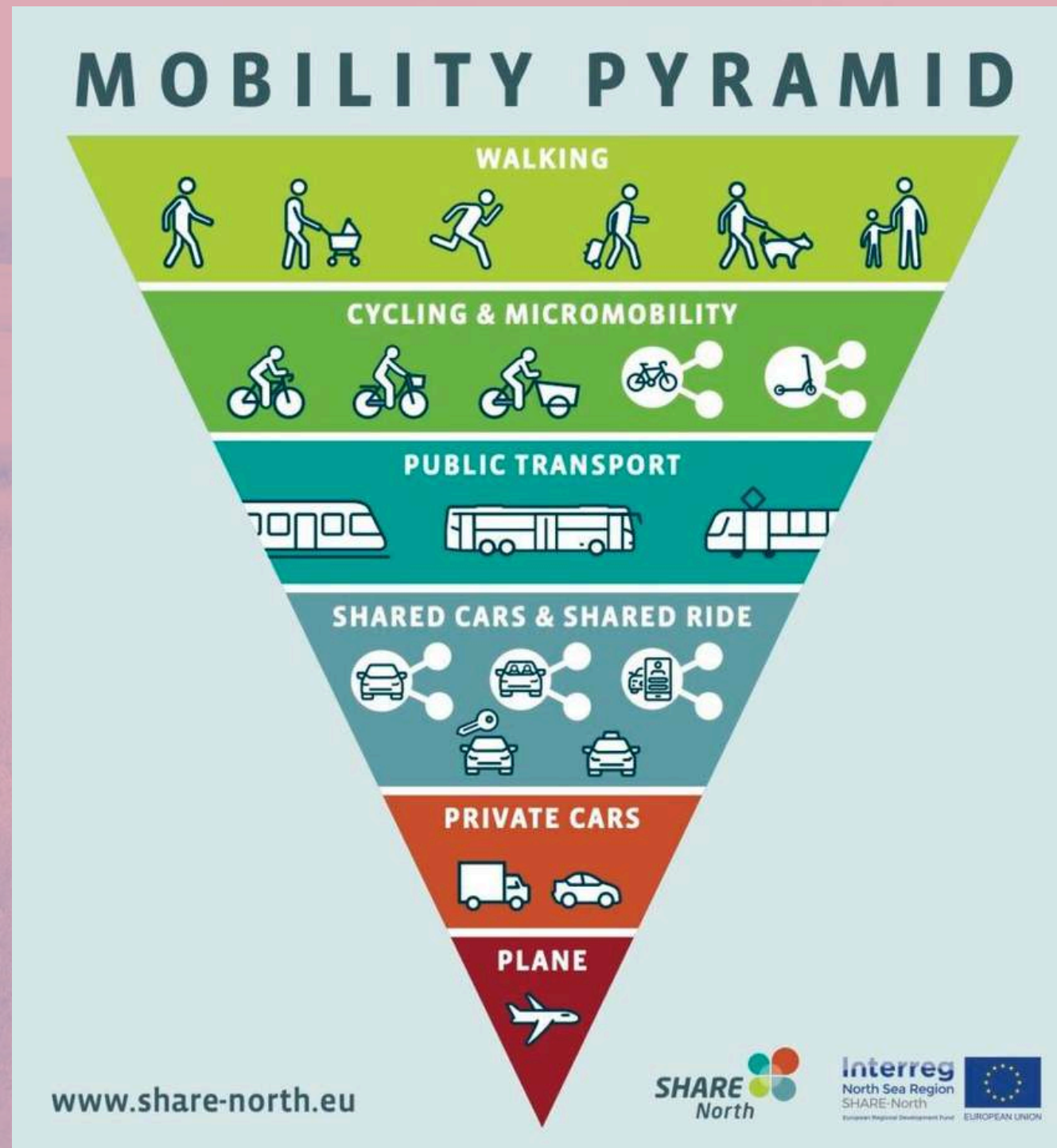


MULTIMODAL INFRASTRUCTURE





The mobility Pyramid



The mobility pyramid is a urban planning tool that ranks transport modes from most to least prioritized, focusing on safety, efficiency, and sustainability.

It prioritizes vulnerable users—pedestrians at the top, then cyclists, public transit, and lastly private vehicles and planes.

Incorporate the mobility pyramid in your master plan, your urban plans and all design.



Less space for the car

To strengthen the role of sustainable mobility, it may be necessary to repurpose some of the space currently allocated to car traffic and build upon the existing street network.



How most traffic engineers see your city



How cities should be designed



RE-DESIGNING THE STREET

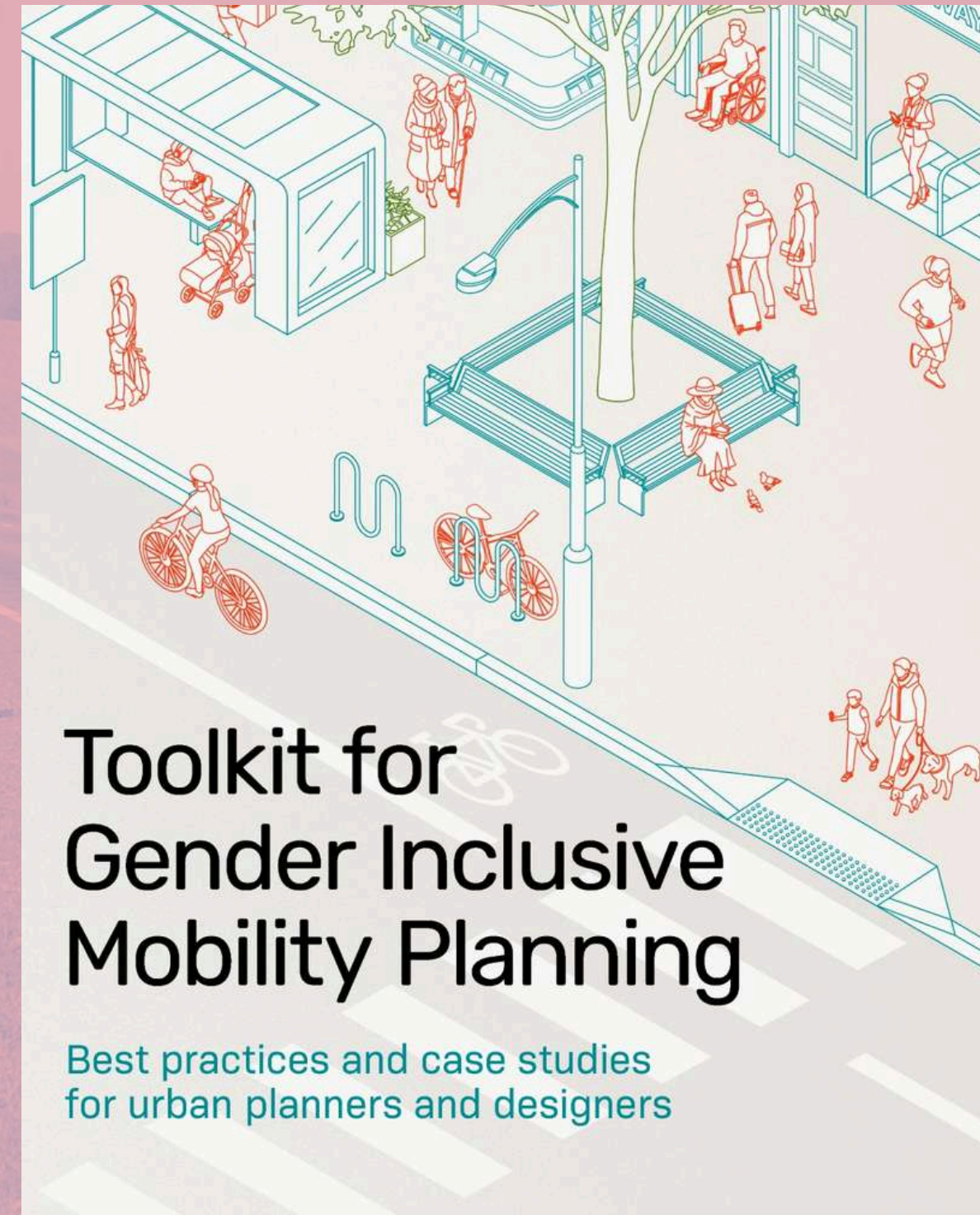




Patriarchy and Car culture

The intersection of patriarchy and car culture is a deeply entrenched, gendered system.

Historically and contemporarily, cars are designed, marketed, and operated in ways that prioritize male experiences, often at the expense of women's safety and mobility.





What does gender inclusive mobility look like?



PRECIOUS SIDEWALKS

Sidewalks are one of the most important points of contact between residents and the urban environment.

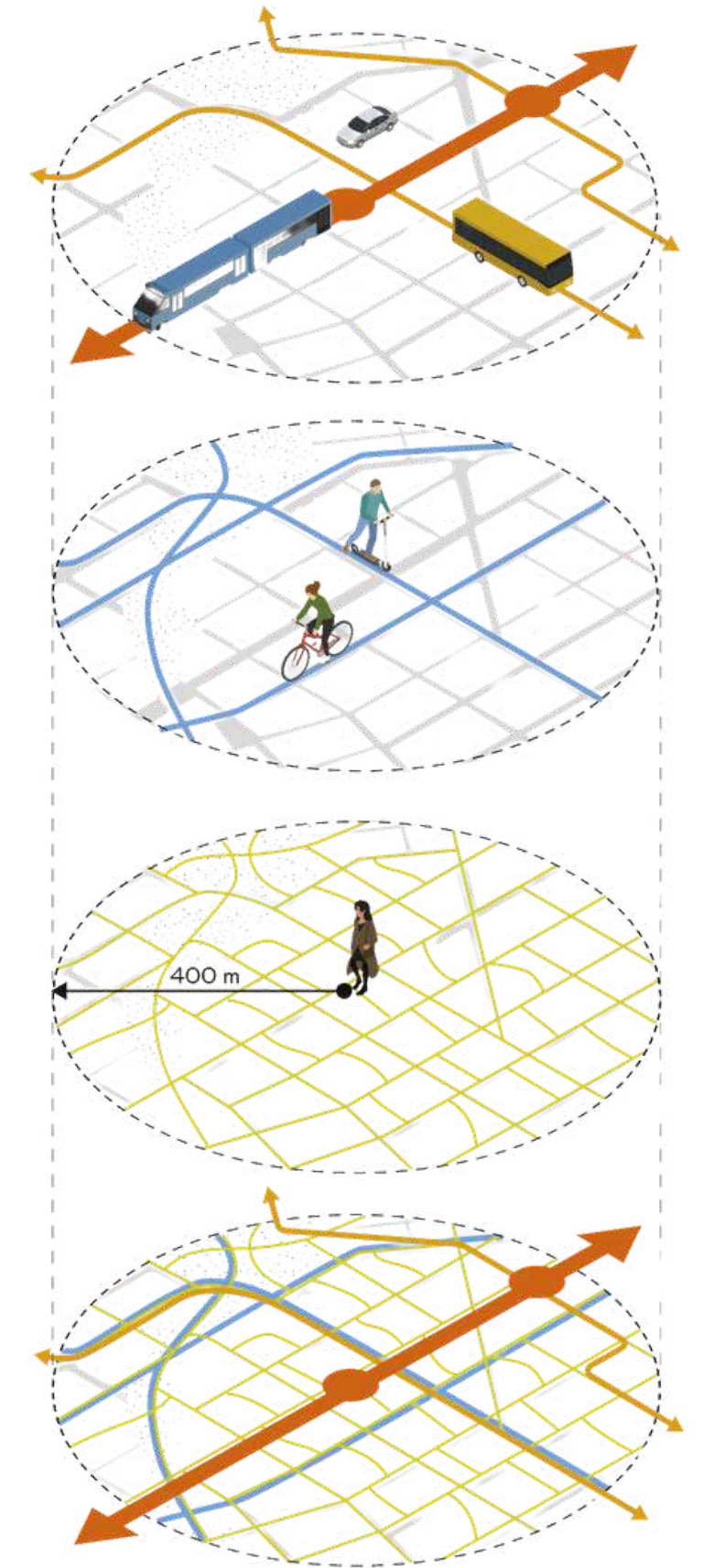
They are fundamental transportation infrastructure, as we are all pedestrians at some point.

A well-functioning, unobstructed sidewalk should be approximately 3 meters wide. In areas with high pedestrian traffic and diverse sidewalk-related services, widths may exceed 6 meters.



The two sisters; Planning and Design

In successful urban planning, planning and design are always together. The planning process must ensure that essential services are within walking distance and that the environment is designed on a human scale.



Safety and slow traffic will always come hand in hand

Safety is a critical factor in the design of urban spaces and should be a fundamental consideration from the outset of the planning and design process.

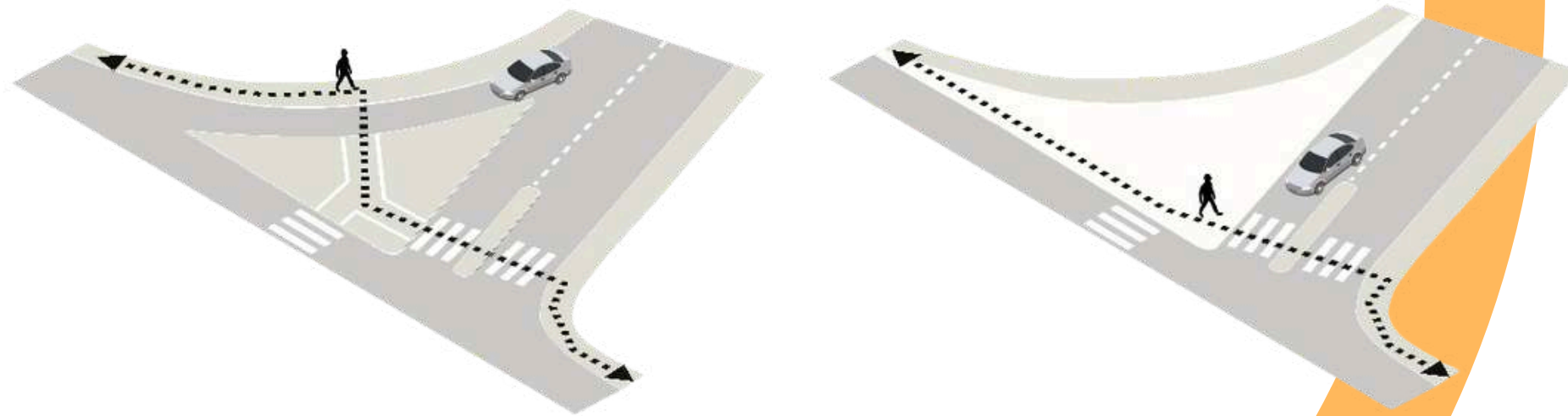
In general, urban design should ensure generous activity space for users, separation of different modes of transport, traffic calming for motor vehicles, adequate lighting conditions and quality, and unobstructed sightlines.



Raised pedestrian crossings enhance safety and help slow down vehicular traffic.

Safety

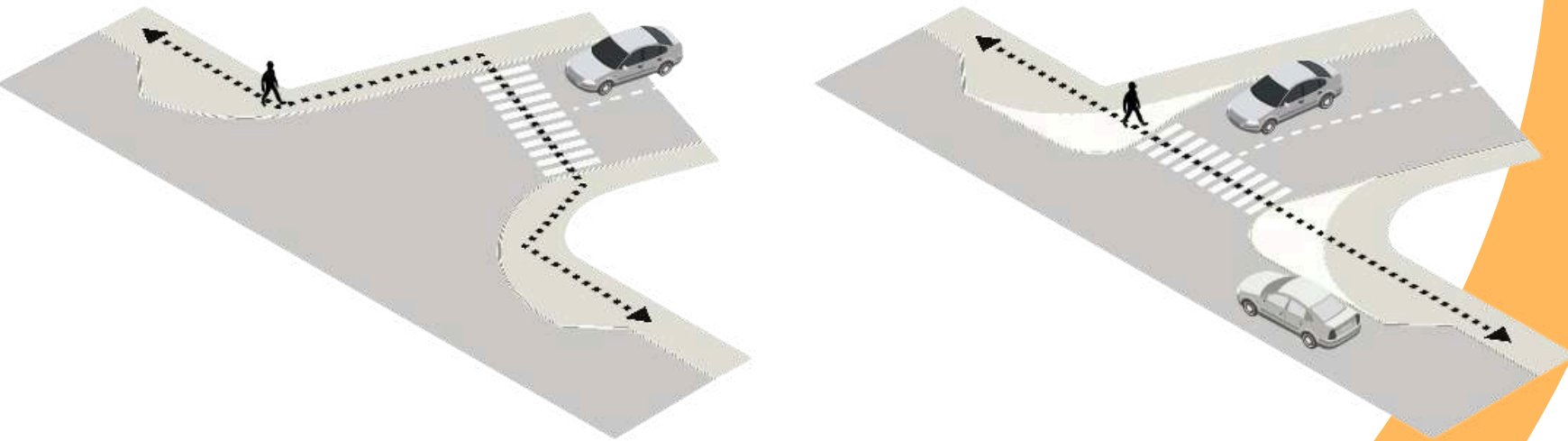
The design of intersections and crossings should aim to allow pedestrians and cyclists to cross as directly and efficiently as possible, without detours.



Safety

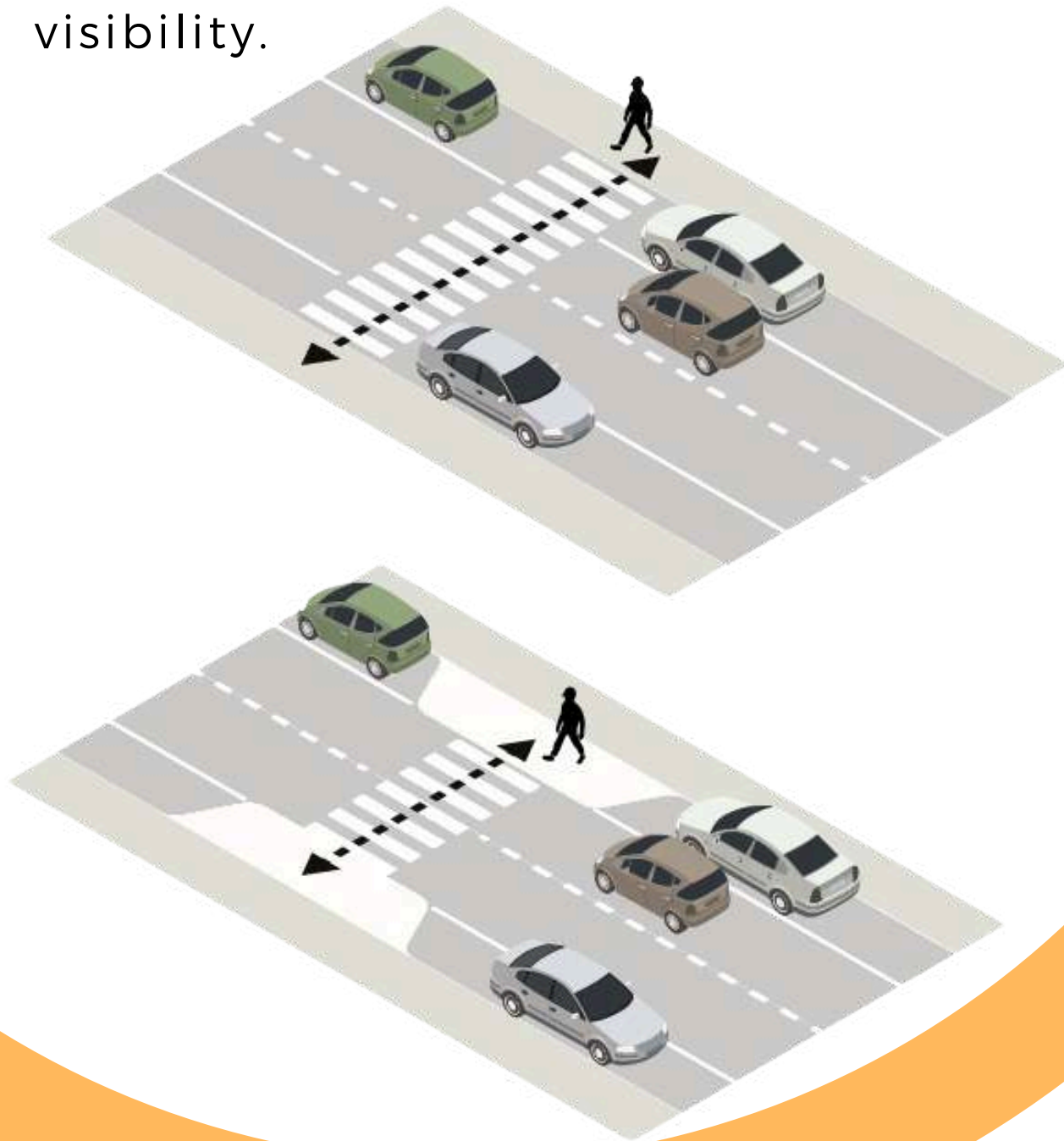
Turning lanes and slip roads increase the crossing distance for pedestrians and cyclists at streets and intersections.

Through redesign, it is possible to improve connectivity, enhance safety, and reduce traffic speeds.



Safety

Sidewalks are extended into the street at crossings to shorten the distance for pedestrians, improve safety, and enhance visibility.



TECHNOLOGICAL INTEGRATION

Utilizes electric vehicles, renewable energy, and smart traffic management.

Features unified ticketing, coordinated schedules and Maas (Mobility as a service).

+ shared mobility



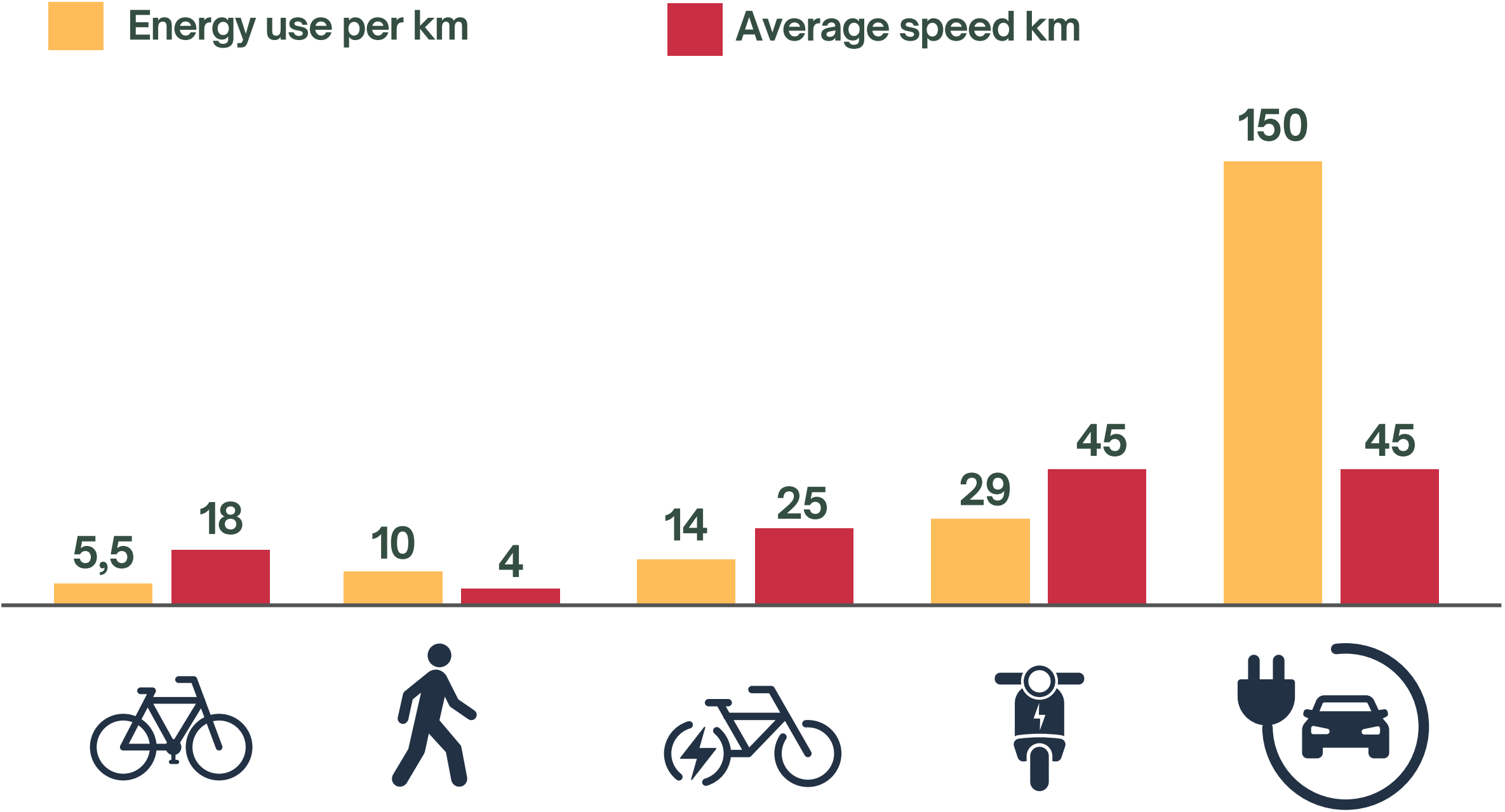
ENERGY EFFICIENCY



When energy efficiency is examined specifically, it becomes clear that the electric bicycle takes you the furthest using the least amount of energy.

The electric car, however, uses a great deal of energy just to move its own weight.

Heimild: Transports urbains - L'avenir des véhicules



DEEP CULTURE



Deep culture refers to the underlying, often unconscious beliefs, values, and implicit norms that define a group, existing below the surface of observable behaviors like food or clothing.

It acts as the "roots" of culture, influencing how people interpret the world, make decisions, and interact.



The iceberg concept of culture

Surface Culture

Above sea level

Emotional level: relatively low

food • dress • music
visual arts • drama • crafts
dance • literature • language
celebrations • games

Deep Culture

Unspoken Rules

Partially below sea level

Emotional level: very high

courtesy • contextual conversational patterns • concept of time
personal space • rules of conduct • facial expressions
nonverbal communication • body language • touching • eye contact
patterns of handling emotions • notions of modesty • concept of beauty
courtship practices • relationships to animals • notions of leadership
tempo of work • concepts of food • ideals of childrearing
theory of disease • social interaction rate • nature of friendships
tone of voice • attitudes toward elders • concept of cleanliness
notions of adolescence • patterns of group decision-making
definition of insanity • preference for competition or cooperation
tolerance of physical pain • concept of "self" • concept of past and future
definition of obscenity • attitudes toward dependents • problem-solving
roles in relation to age, sex, class, occupation, kinship, and so forth

Elements of deep culture deal with the feelings and attitudes that **we learn by being a member of a particular group.**

It involves the thoughts and beliefs, the personal values, and the subtle gradations of interpersonal relationships as expressed in actions and words, by day-by-day details of life as it is lived.

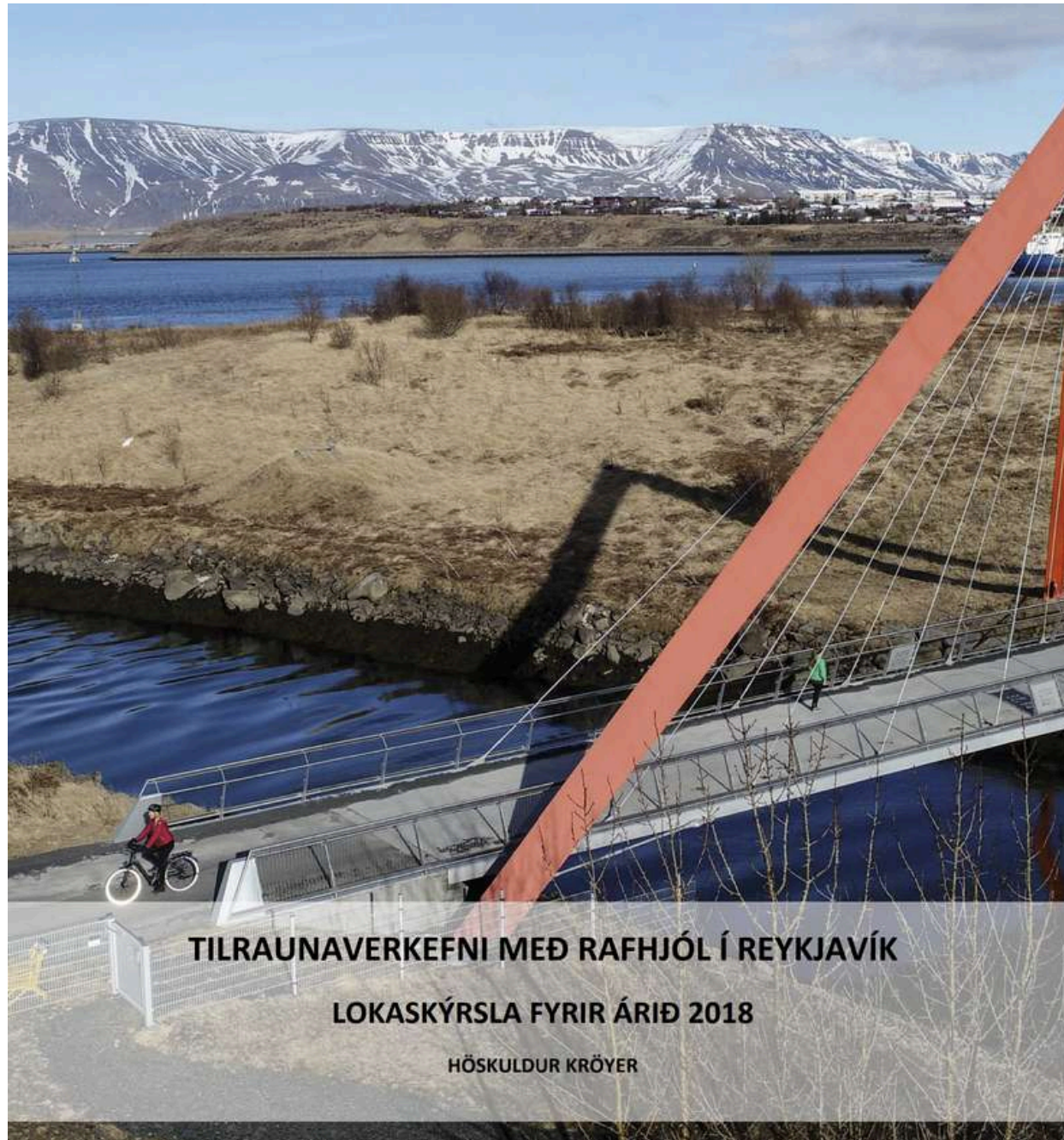


Owning a car = social status





Reykjavík Pilot project for **electric bikes**



This is Iceland. The weather is not an excuse.



HOW IS IT DONE?



SUSTAINABLE ISLAND MOBILITY PLAN

SUSTAINABLE ISLAND MOBILITY PLAN

How to prepare a SIMP for a small or medium-sized Greek island

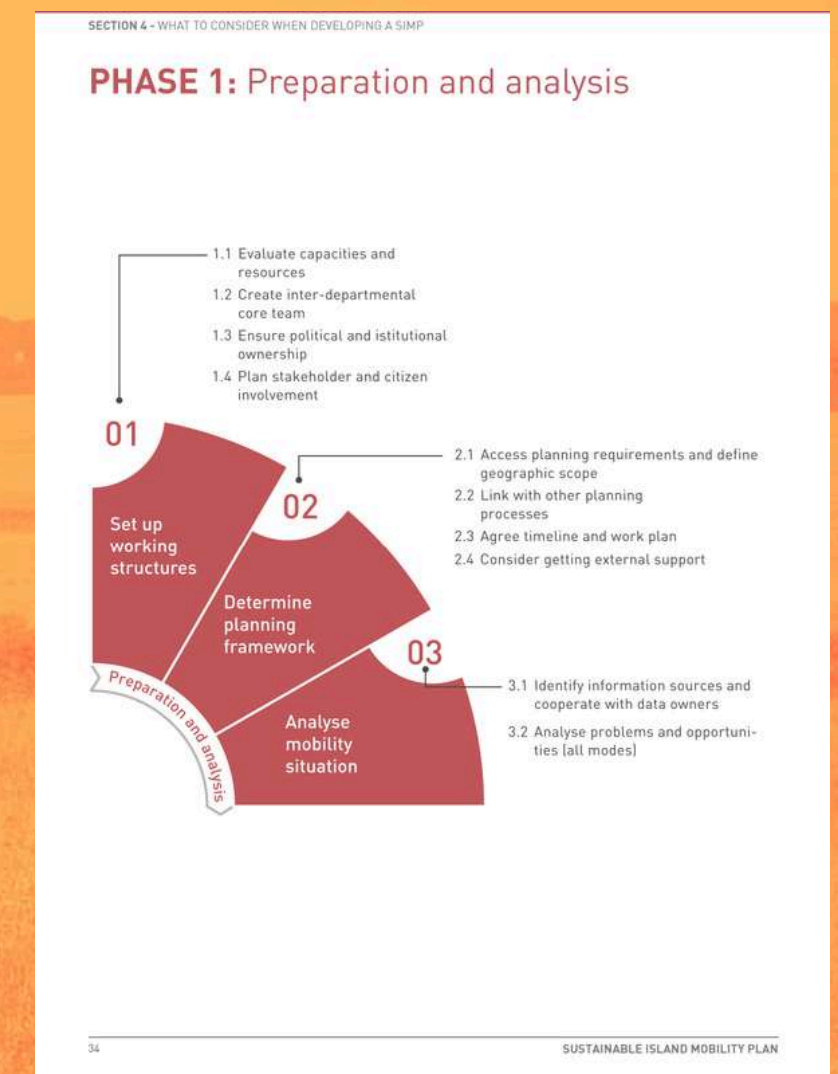
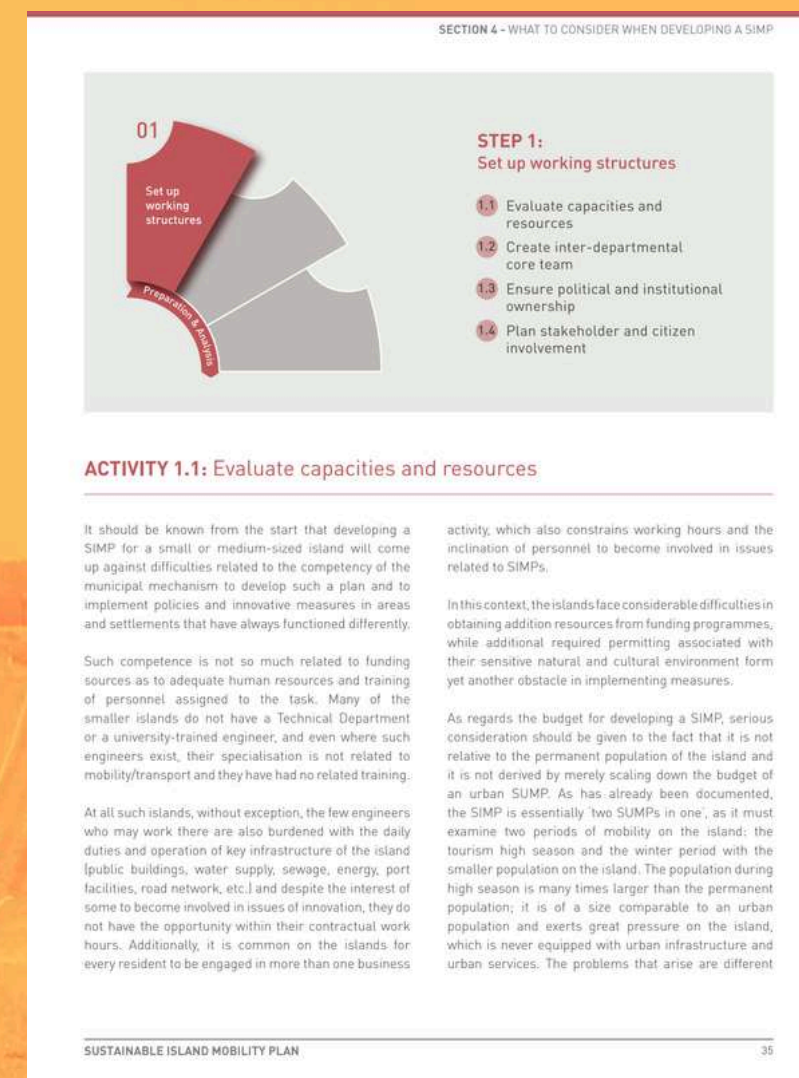


MOST IMPORTANT FIRST STEPS

01 Evaluate capacities and resources

02 Create inter-departmental core team

03 Ensure political and institutional ownership



THANK YOU

STAY IN TOUCH

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